



Come and enjoy an ACTIVE COMMUNITIES movement session at Wycombe Leisure Centre



Discover the benefits of standing often and moving more with our special trainer, Jo Forbes

10am – 11am every Tuesday*

Cost per session just **£1**

Turn up on the day or pre-book up to 2 days before by calling 01494 688100

Note numbers of spaces might be limited

Come to reception at Wycombe Leisure Centre, Handy Cross, High Wycombe HP11 1UP

*Starting 2nd November 2021



Buckinghamshire
Council



ACTIVE COMMUNITIES
Every movement matters

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