



Leap Awards 2022 - Celebrating Sport and Physical Activity across Bucks and MK

Criteria

Community Coach of the Year

This award recognises individual coaches who have made an excellent contribution and commitment to getting more people starting, staying and/or succeeding in sport or physical activity through coaching. We'd love to hear about nominees who have gone above and beyond, adapting their delivery to help people get/stay active during the Covid-19 pandemic.

- 1. Tell us what makes the nominee a great coach?** Tip: Tell us about the skills and behaviours they have as a coach to motivate, inspire and meet the needs of their participants.
- 2. What difference has the nominee made to the people and community they coach?** Tip: Tell us how they managed to get more people starting and/or staying in sport, what difference have they made to people both in sport participation and their everyday lives.
- 3. How would you describe the nominee's coaching philosophy and how have they provided coaching to meet the needs of their participants?**
- 4. How has the nominee developed their own practice?** Tip: This doesn't just have to be formal learning (qualifications & training); this could be working with other coaches, researching session ideas online or through social media.
- 5. How has the nominee helped people get/stay active during the covid-19 pandemic?** Tip: what have they done differently to engage and keep people active during the pandemic?

Community Group of the Year

The Community Group of the Year award is presented to an excellent club, fitness or activity group, which has made outstanding efforts to ensure it, is a safe, rewarding and inclusive environment for its participants.

- 1. Describe your group in less than 200 words.** Tip: What does the group offer, who attends, accreditation and achievements.
- 2. Tell us how you create a positive, inclusive environment making it special for your participants and volunteers.** Tip: Think about all members, participants and volunteers.
- 3. How have you adapted group delivery during the pandemic?** Tip: What did the group do differently during the pandemic to engage and keep participants active?
- 4. How have you kept members, participants and volunteers engaged throughout the pandemic?** Tip: How did the group stay in contact with their participants over the pandemic?
- 5. Please detail the difference the group and its activities have had on its participants throughout the last 12 months.** Tip: What impact has the group had on the their participants and volunteers lives?

Innovation of the Year Award

The Innovation of the Year award celebrates innovative and inclusive projects that either brings communities together through regular physical activity and sport or encourages people who otherwise wouldn't take part to give it a try.

1. **Describe your innovation/project in under 200 words.**
Tip: Remember we don't know anything about the project so include all the key points.
2. **What was the need or issue which sparked the idea for the innovation/project and how did the innovation/project address it?** Tip: Tell us about who was involved, how the project developed community relationships/links, how it was funded, and what other resources were used, any national/local insight you used when developing your project.
3. **How did you design, adapt and deliver the right experience for people attending the project?**
Tip: Tell us what the concerns and barriers were for the people the project targeted, including what you learnt about the potential participants to help shape what the project looked like, how you promoted the session, how you created the right environment, made the session covid safe, accessible and provided the right workforce.
4. **What difference has this project made?** Tip: Tell us how many people took part and what difference the project has made to them. Are there plans to continue the project longer term? Tell us if the project has changed the participants behaviour to physical activity and if so how.

Primary School of the Year

The Primary School of the Year award is presented to a Primary School which shows outstanding commitment to PE and school sport and is dedicated to providing students with an active start in life.

1. **Describe your school in less than 200 words.**
e.g. What size school are you, pupil population and what facilities do you have available?
2. **As a school what are you most proud of in terms of PE, School Sport and Physical Activity from the last 12 months?** Tip: this does not have to be just school sport medals and trophies; think about the impact you have had on your pupils.
3. **How does your school engage with other schools or the wider community through PE, School Sport and Physical Activity?** Tip: Does the school use community facilities/coaches, do you link with other schools?
4. **What is the most innovative scheme of work/project/club that you have run at your school?**
Tip: Have you run any targeted projects? Have you linked to wider initiatives or programmes?
5. **Tell us about the difference PE, School Sport and Physical Activity has had on a group/individual, a story that reminds you why you teach?** Tip: Include any noteworthy or memorable experiences.
6. **How has your school managed to deliver and support PE in school during the pandemic?**
Tip: Have you been able to deliver a PE programme and explain what innovative ways to were able to do this.

Secondary School of the Year

The Secondary School of the Year award is presented to a Secondary School which shows outstanding commitment to PE and school sport and is dedicated to providing students with an active start in life.

1. **Describe your school in less than 200 words.** e.g. What size school are you, pupil population and what facilities do you have available?
2. **As a school what are you most proud of in terms of PE, School Sport and Physical Activity from the last 12 months?** Tip: this does not have to be just school sport medals and trophies; think about the impact you have had on your pupils.
3. **How does your school engage with other schools or the wider community through PE, School Sport and Physical Activity?** Tip: Does the School use community facilities/coaches, do you link with other schools.
4. **What is the most innovative scheme of work/project/club that you have run at your school?**
Tip: Have you run any targeted projects? Have you linked to wider initiatives or programmes?
5. **Tell us about the difference PE, School Sport and Physical Activity has had on a group/individual, a story that reminds you why you teach.**
6. **How has your school managed to deliver and support PE in school during the pandemic?**
Tip: Have you been able to deliver a PE programme and explain what innovative ways to were able to do this.

Volunteer of the Year

This award celebrates an individual who makes an outstanding contribution to sport/physical activity by giving their time to make sport/physical activity happen. Volunteer Coaches should be nominated in the coaching category.

1. **Tell us about how your nominee volunteers in physical activity or sport?** e.g. What they do, where they do it, how often they do it? Tip: Have they regularly given up a substantial amount of their time? Run the clubhouse? Organise fixtures? Wash the kit? Do they work alone/part of a team? How long have they been a volunteer?
2. **What positive difference on the club or community have they made? (particularly during the covid-10 pandemic)**
3. **Why are they uniquely special in what they do?** Tip: Do they inspire and motivate others, go above & beyond other volunteers, why you can't do without them?
4. **How have they made a positive difference on the club or individuals or community in the last 12 months?** e.g. Supported Club Mark, increased participation, increased fundraising, developed new partnerships, or any other special achievements.

Terry Cook Unsung Hero of the Year

This award is presented to an individual who has made an exceptional long term commitment (often unrecognised and over many years) to making sport & physical activity happen.

1. **What your nominee currently does, or has done to make sport & physical activity happen?** Tip: what they do, where they do it, how often they do it
2. **Tell us about their commitment?** Tip: include length of time involved, how many hours per week they give, and whether they work alone or as part of a team
3. **What difference has your nominee made through their actions?**
4. **What makes your nominee stand out from the rest?** Tip: Tell us why you can't do without them, why are they inspiring for others. What do they do that makes them special? What do their colleagues/friends/teammates have to say about them (quotes)?

Inspirational Young Person Award

This award is presented to a young person (aged 14 to 21) who is an excellent and positive role model through PE, school sport, community sport and/or physical activity. This award recognises the young people who are achieving incredible things through their work, voluntary or paid, within their local community, club, team, group, project or organisation.

1. **How has their courageous and/or innovative approach inspired and encouraged other children and young people or adults to overcome barriers and participate more regularly in physical activity and sport.** e.g. What sport or activity are they involved with, where they do it, how often do they do it? What courage or innovation have they shown?
2. **What difference have they made to those they have been working with?** Tip: This can include the participants and also other leaders, coaches and volunteers.
3. **They haven't let Covid-19 stop them and have worked tirelessly, when safe to do so, for their community?** Tip: What vital support have they provided to a project, initiative or community group which is dedicated to physical activity and sport in a specific locality.

4. **Tell us what makes your nominee an Inspirational Young Person?** Tip: Tell us why you can't do without them, why are they inspiring for others. What do they do that makes them special? What do their colleagues/friends/teammates have to say about them (quotes)?